

## SPRING SUMMER AUTUMN WINTER



# SUMMER FORAGING ACTIVITIES BY KATE TEMPLE

## HAPAZOME & BUNDLE DYE

In Summer there is an abundance of colour to forage. Garden flowers such as marigolds, dahlias and roses are great to work with. Hapazome and bundle dye techniques are both perfect for experiments into how to preserve summer colours by releasing plant pigments onto fabric through hammering and steaming.

In this pack, visual artist Kate Temple has shared a selection of Summer foraging activities for you to try at home.

## **HAPAZOME**

Hapazome is the Japanese technique of tapping flowers and leaves into fabric. You could use your final piece as the start of textile or sewing projects – embroidering on top or turning into bunting or a bag or purse or cushion cover.

### YOU WILL NEED

- FLOWERS
- LEAVES
- HAMMER/STONE
- FABRIC/THICK PAPER
- WOODEN BOARD

## **STEP ONE**

Collect a selection of colourful summery flowers and leaves. You will also need a hammer or a stone, some fabric or thick paper and a wooden board.

## STEP TWO

Arrange the flowers and leaves on a piece of fabric (or paper) and place another piece on top so that the flowers are sandwiched between. Make sure there is a board underneath for protection.

## STEP THREE

Tap the plant material with a hammer until you see the pigment seeping through and it feels mushed and flat inside.

## STEP FOUR

Pull the pieces of fabric apart and let the plant material dry a little. Then gently remove what comes away easily. You can leave some too! Look at the colours and shapes that have formed on your fabric or paper.

PLEASE NOTE - CHILDREN WILL NEED ADULT SUPERVISION FOR THIS ACTIVITY.

REMEMBER TO WASH YOUR HANDS THOROUGHLY AFTER WORKING WITH PLANT MATERIALS.

## BUNDLE DYE

Dahlias, marigolds, dark roses, snapdragons, hollyhocks all work well, as do berries, onion skins, avocado skins, spices, beetroot and red cabbage. Feel free to experiment by adding copper pennies, small bits of rusty metal, salt, bicarb, and some of your homemade inks!

### YOU WILL NEED

- SUMMER FLOWERS
- PLANT MATERIAL
- WHITE VINEGAR
- NATURAL FABRIC WOOL, COTTON LINEN, SILK
- STRING
- SPRAY BOTTLE
- PAN OF BOILING WATER
- STEAMER

## STEP ONE

Collect an assortment of summer flowers and plant material.

## **STEP TWO**

Take a piece of natural fabric, dampen it and spray it or soak it with white vinegar.

## **STEP THREE**

Arrange your plant material on to the fabric. You can be very neat and ordered or very free and loose with it – it's up to you!

## STEP FOUR

Roll or fold the fabric into a tight bundle and secure it with string. It's important that the bundle is tight so no plant material escapes in the steaming process.

## STEP FIVE

Give your bundle another spray with vinegar.

## **STEP SIX**

Steam your bundle over a pan of boiling water or in a steamer for about an hour – turning every 15 minutes. Open your bundle straight away or leave it overnight.

PLEASE NOTE - CHILDREN WILL NEED ADULT SUPERVISION FOR THIS ACTIVITY.

REMEMBER TO WASH YOUR HANDS THOROUGHLY AFTER WORKING WITH PLANT MATERIALS.



**CAMPLE LINE** 

CAMPLE, DUMFRIESSHIRE DG3 5HD, SCOTLAND

CONTACT

+44 (0) 1848 331000 INFO@CAMPLELINE.CO.UK

## **ABOUT KATE TEMPLE**

Kate Temple is a visual artist living near Edinburgh. She works with installation, sculpture, ceramics, drawing, painting and performance, and is interested in cross-disciplinary and socially engaged practices. She also works in art and community engagement, leading and facilitating projects for a range of groups and individuals.

Drawing and collecting are regular elements of Kate's practice, and since 2020 she has been working with plant material foraged from near her home.

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